

# Northeast Region Report CHNS & CHPS – September 2013

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## **Becky Lamb**

- Presentation: First Aid for Diabetes, Hemophilia, & Seizures for Head Start Staff at Ward Central Elementary
- Hearing & Vision Training for new school nurse
- CPR Training for School Staff at Lonoke on 09/11 and 09/12
- Facilitated Personal Care Training at Wilber D. Mills Co-op
- Attended Pangburn School Wellness Committee Meeting
- Meeting at Beebe High School with Melanie Joiner, Justin Shipp, and Susan Winkler to assist with writing the letter of intent for grants to fund the School's Health Professions and Sports Medicine programs

## **Karen Davis**

- American Heart Association First Aid was given to Clay County Courthouse employees at Piggott and Corning – 26 attended. The video "We Have a Problem" was shown and many questions were asked about drugs in our kids. Phone # was given so a video could be ordered and be shown to different groups in Clay County. Also educated on the need for TDAP and Flu Immunizations
- Educated on effects and prevention of Shaken Baby Syndrome during Infant CPR with new parents
- Presentation on Consequences of Tobacco use to Clay County Courthouse employees at Piggott and Corning – 26 attended and 4/1800 Quit Now cards were taken
- BMI Workshop was given for new school nurses and others who plan to assist with BMI screenings in the schools – 5 attended
- Scoliosis Workshop was given to school nurses – 2 attended
- Planned and participated in the Clay County assistance, session for the Tobacco Grant employee that was held at the Coop.
- Facilitated and set up a MITS workshop at the Coop with Dana Bennett from the Medicaid Personal Care Program. 16 attended and had great evaluations

## **Jennifer Lynch**

- Cord Charlotte Elementary – Partnered with Cindy Schaefering to educate/present to 77 students on Dangers of Tobacco and Smokeless Tobacco.
- Southside Elementary – Presented to 385 students on Dangers of Tobacco and Smokeless Tobacco.

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- Wynne High School – Presentations to 340 students in the month of September on Dangers of Tobacco and Smokeless Tobacco, ATV and Nutrition
- Wynne Junior High – Presentations to 80 students on Dangers of Tobacco and Smokeless Tobacco and also presented on ATV safety to students and staff.
- Wynn HS/10 Grade Enrichment class- Presentations on Nutrition, ATV Safety and Texting Driving/GDL Law
- BMI Training at Northcentral Educational Cooperative for School Nurses
- BMI Training at Northeast Educational Cooperative for School Nurses
- Harrisburg School District: Elementary visits for SPARK and for presentation set ups. I nominated Christy Buchanan, PE Teacher, for the Praxis Panel for Physical Education. I was asked to send names by the Cooperative. Christy sent in the paperwork and was selected to serve. She will be going to New Jersey in November

### **Cynthia Schaefering**

- Southside MS presentation: Students were given a quiz prior to watching the DVD "Just Say Know". After watching the video we discussed the results of the pre-test. All but two students thought that most teens used tobacco. Educated students on Act 811 and over half of the class had parents who smoked in the vehicle with them. Educated on smokeless tobacco and the frequent use of it on school campuses and what it meant to be a "Tobacco Free Campus". Students were given SOS rulers for correctly answering questions. Total of 41 participants attended.
- The Fulton County Health Unit sponsored a Health Fair onsite and the booth was a collaborative effort with Janette Cooper, Fulton County Tobacco Grantee Coordinator. The tobacco spin smart board was used for younger attendees to educate on the harmful effects of smoking. A total of seven adults committed to quitting by filling out the SOS referral form that day. They were informed of the benefits of quitting and the services provided by the quitline. There were approximately 200 attendees that went through the Health Fair.
- Jennifer Lynch and I presented to the 3<sup>rd</sup> through 6th Grade at Cedar Ridge Elementary on Tobacco and Smokeless Tobacco. We discussed the health dangers of tobacco and smokeless tobacco, ways to prevent the use and ways to reach out for help. The students watched the DVD, Just Say Know, followed by discussion of the video. We provided an activity where students spun the Spin Smart Wheel on tobacco topics and the student answered the questions followed by discussion of the topic to the group. Education on Act 811 and pre and posttest were performed on types of cancer that tobacco can cause as well as other health disparities. There were a total of 77 students and 10 staff in attendance.
- Partnered with James Tanner, Sharp County Tobacco Grantee Coordinator to staff a tobacco prevention/ cessation information booth at the Ash Flat Eagle fest- This was an all-day event with approximately 200 people in attendance. We were able to get at least 40 people to sign a tobacco free pledge. The tobacco spin smart board was used to educate the younger attendees

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- ASU-Mountain Home- A collaborative effort with Mountain Home school nurses and Cheria Lindsey, CHNS to train the LPN to RN students to assist with Hearing, Vision and BMI screenings at area schools. During the courses information on nutrition and physical activity was discussed along with diabetes in youth. Education provided about the AR Health Connector and information given on where to gain access to further information. Informed students of the HHI and participation of students would be welcomed. Information on SOS tobacco quitline was available for those interested. Discussed the dangers of texting and driving.
- Presented at Fulton County Fairgrounds for the community through the ADH/ Inclusive Communities partnership. Audience also included Representative Scott Baltz of District 61.
- STD/Teen pregnancy presentation presented to the Family and Consumer Science class at Batesville HS. This class was mostly female, having two male students and all were seniors. The power point presentation used was supplemented with data specific to Independence County in regards to STD's. We talked about the 500+ pregnancies in Arkansas schools reported last year and the fact that Arkansas teens were number one in the nation for having a second pregnancy during teen years. Educated students on the hazards of smoking while pregnant and the SOS quitline availability for pregnant women- Informed students of confidential services available at the LHU- Students were encouraged to attend the Out of the Darkness Suicide Awareness Walk scheduled for Oct. 26<sup>th</sup> at Riverside Park. Special three minute videos were shown on cyber-bullying, partner violence and consequences of teen sex.

### **Laura Cook**

- Hearing and Vision Certification Training for new school nurse at Brookland
- CPR/AED certification for Gosnell school staff and nurse
- Provided scoliosis training to PT students at ASU
- Attended Harrisburg's Wellness Committee meeting and spoke to them about the Health Connector website and enrollment dates
- Safe Teen Driver presentations to classes at Nettleton and Harrisburg
- Facilitated Personal Care Training
- Nurse Planner for CNE trainings provided through Atrain-receive evaluation summaries for Hearing, Vision and Scoliosis trainings provided throughout Arkansas